

Morning Lesson

THE WAY TO TRUE HAPPINESS

Matt. 5:1-12

INTRO:

1. How does happiness come to us?
2. Jesus presents the path to happiness that will stay with us even in discouraging times. **Phil. 4:11, 12**

I. **RECOGNIZE OUR INSUFFICIENT RESOURCES.**

Matt. 5:3

- A. Our own ability does not have the power to meet our spiritual needs. **Psalm 51:7; Rev. 3:17**
- B. This beatitude comes first because it is foundational.
- C. This means that we recognize the source of true confidence and worth.
- D. These will inherit the kingdom, and only these who take themselves off the throne of their hearts and put Christ there. **Isa. 57:15; James 4:10; Prov. 29:23**

II. **REALIZE THAT OUR SINS BREAK GOD'S HEART.**

Matt. 5:4

- A. The word used for mourn is a strong word that concerns a sorrow for the sins we have committed. **Psalm 51:1-4; 2 Cor. 7:10, 11; Matt. 11:28-30**
- B. Spiritual comfort grows when we are saved through faithful obedience. **Rom. 8:1; Rom. 10:17; Luke 13:3; Matt. 10:32; Acts 2:38; 1 John 1:7**

III. **TOTALLY SUBMIT TO GOD. Matt. 5:5**

- A. The word means strength under control. **Num. 12:3**
- B. Meek people get angry, but do it the right way. **John 2:13-17; Mark 3:5**
- C. Christians have a greater capacity to enjoy the blessings in the here and now. **1 Cor. 3:21-23**

IV. **EAGERLY DESIRE SPIRITUAL FOOD. Matt. 5:6**

- A. It more important to feed the spiritual man than the physical. **Matt. 4:4**
- B. We must have our priorities in God's order. **Isa. 55:2; John 4:32-34**
- C. Righteousness is a necessity of life. **2 Cor. 5:21**
- D. It comes from keeping God's commands. **Psalm 119:172; John 14:15; 1 John 5:3...**